



LIVING WITH PARKINSON'S

Let's Talk About It

October 26, 2024
10:00 am – 3:00 pm

Country House
4830 Kennett Pike
Wilmington, DE 19807

A collaboration with Acts Country House



There are many non-motor challenges associated with Parkinson's disease that may not always be easy to discuss. With a focus on **Medications, Research, Memory & Anxiety**, this program will provide strategies for coping and talking about it with healthcare providers or loved ones.

Comprehensive Insights: Gain valuable information on finding the right balance between proactive management and anticipating the future.
Focused Discussions and Panel: Dive deep into the latest medications and treatments specifically tailored for Parkinson's, with a spotlight on new research and developments.

Memory Care: Explore innovative strategies and approaches to manage memory care associated with Parkinson's and what to expect.

Addressing Anxiety: Learn effective techniques and resources to tackle anxiety, a common concern for those living with Parkinson's.

Attendance is free. Parking available onsite.

Learn More and Register at:

[Parkinson.org/Wilmington](https://parkinson.org/Wilmington)

or call/email Derek Russell at 646-491-8925 or

